



The Human Hub

Your Mastermind Book Club

“True belonging doesn't require you to change who you are; it requires you to be who you are.”

~Brené Brown

Picture yourself among a fantastic group of individuals dedicated to personal and professional growth. Here you'll discover authentic connections, continuous growth and the sheer joy of learning alongside like-minded, driven humans.



Hi, I'm Bonney!

I'm your coach throughout this journey. In fact, I'm an NLP trained and certified coach with 20+ years of fast-paced corporate experience and 10+ years of executive leadership experience.

I know what it's like to juggle the career, family, all while trying to maintain my own identity.

I'm so excited you're here!

**Stay human,
Bonney**

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BETTER TO BE HUMAN

Better To Be Human was born from the idea of just being yourself and embracing who you truly are.

We get this one life to live so why not make the most of it?!

How do I define success? It is whatever brings me joy! I find joy in learning, sharing, supporting, community, being challenged and authenticity.

The Human Hub Your Mastermind Book Club encompasses all of these things!

My goal is to create a space that people genuinely enjoy being in. A place where they feel safe, challenged and able to be themselves.

**Join us and belong to a
community that values
and supports your
journey!**



It's about belonging, growing, developing and learning!

In life we all crave a sense of belonging, but it's crucial to distinguish it from merely fitting in. In The Human Hub, you're not just fitting in; you're truly **BELONGING.**



We will accomplish this by:

- reading books that will enrich our lives and sharing our learnings,
- carving out time for personal and professional develop activities that are fun and thought-provoking,
- offering time for coaching with me (a certified coach with 20 years of corporate leadership experience on hot topics that are coming up for you)

Additional GREAT reasons for this exclusive, members-only group include:

- Actually reading books
- Accountability
- Creating community and a sense of belonging
- Having a supportive space to share and get help outside of close friends, family and colleagues
- Learning from other highly motivated people
- A dedicated online space to connect with your peers about motivating and inspiring topics

Click Here

TO JOIN TODAY!

This is a community of amazing humans!

ARE WE READING BOOKS AND SHARING OUR TAKEAWAYS LIKE A NORMAL BOOK CLUB?



Yes, that's exactly right! We have three themes (pillars) to drive our time together. Within that, we have three books for each pillar for a total of nine meaningful reads that we will learn and grow from.

1

Pillar One: Self-Acceptance

- The Gifts of Imperfection, Brené Brown
- The Way of Integrity, Martha Beck
- Big Magic, Elizabeth Gilbert

2

Pillar Two: Human Leadership

- Dare To Lead, Brené Brown
- Leadership is Relationship, Michael Erwin & Willys DeVoll
- Be Human, Lead Human, Jennifer Nash

3

Pillar Three: Meaningful Memoirs

- Finding Me, Viola Davis
- Untamed, Glennon Doyle
- Greenlights, Matthew McConaughey

details about each book can be found at the end of this document

Client Testimonial

“Bonney provided invaluable support as my coach. As a business owner, recognizing the importance of clarifying my values and understanding how they drive my business was crucial. Throughout our collaboration, she skillfully guided me in exploring my "why" and identifying belief systems that no longer serve me. I look forward to continuing my journey with her for ongoing personal development.”

~ Kourtney

WHAT DO YOU MEAN BY PERSONAL & PROFESSIONAL DEVELOPMENT AND COACHING?

For each call we have built-in time for personal and professional development activities such as creating vision boards, learning more about the enneagram, working towards our higher vision in life, determining our values and sharing our wins from the Better To Be Human Balance Sheet/habit tracker.

AND...we'll save time for coaching with me!



So if you have something you're working through and would like support from me and the group, you can receive live coaching.

In this unique, members only, Mastermind Book Club, we're all about learning, growing, supporting, accountability, discussion and community. As you can see, it's not just another book club; it has the Better To Be Human twist of fun and learning added in, just for you!

IS THIS A MASTERMIND OR A BOOK CLUB?

Click Here

TO JOIN TODAY!

It's both!

Picture a combination of:

1

a traditional book club
where we read books
and share takeaways

2

a fun and creative space
for personal and
professional
development

3

a coaching hub where
you can bring issues to a
trained and experienced
coach



We will dive into growth-minded books, focusing on topics such as self-acceptance, human leadership and learning from others through their memoirs. But it doesn't stop there – we spice things up with fun activities like goal setting, monthly challenges and coaching sessions led by me in both personal and professional development.

WHO IS IT FOR?

The Human Hub is crafted for highly motivated individuals who love to read, learn, put knowledge into action, work through self discovery, hold themselves to high standards and thrive on accountability.

Join
-US-

WHEN ARE THE MEETINGS?

We meet twice a month via Zoom:

- 1st Thursday of each month at 6pm CT
- 3rd Friday of each month at 8am CT

Both calls are unique (not repeats), providing flexibility for everyone. The hope and expectation is that you join both calls each month, prepared to share your takeaways and participate in the activities.

We will record the calls and make them available in the private Facebook group so you can listen to them at any time, for the pillars that you joined.

CAN I JOIN THIS AWESOME COMMUNITY AT ANY TIME?

Kind of! We are running three pillars for 2024. You can join at the start of any pillar (April, July, October). There is a discount for joining multiple pillars.



[Click Here](#)

TO JOIN TODAY!

WHAT IS INCLUDED IN THE HUMAN HUB?



- a supportive community of like-minded, driven individuals ready to grow and support one another,
- one 30-minute one-on-one coaching session with me within the first month of membership (valued at over \$200),
- access to me, a trained and certified coach with over 20 years of global, corporate leadership experience,
- Zoom calls, 2x/month,
 - This includes book reviews and sharing of learnings, personal and professional development activities and coaching from me
- a printed copy of Your Balance Sheet, the weekly habit tracker from Better To Be Human,
- a private Facebook group where we stay connected outside of our calls,
- access to recorded meetings for your pillars,
- a section for the collaboration of notes shared across the community for each of the books in your pillar

DOES IT COST MONEY?

**I can't think of a better investment
than in yourself!**



The Human Hub is a membership-only community. This helps to ensure the integrity of the members and their participation.

	Pillar One: Self-Acceptance	Pillar Two: Human Leadership	Pillar Three: Meaningful Memoirs
Books	<p>The Gifts of Imperfection ~ Brené Brown</p> <p>The Way of Integrity ~Martha Beck</p> <p>Big Magic ~Elizabeth Gilbert</p>	<p>Dare To Lead ~Brené Brown</p> <p>Leadership is Relationship ~Michael Erwin and Willys DeVoll</p> <p>Be Human, Lead Human ~Jennifer Nash</p>	<p>Finding Me ~Viola Davis</p> <p>Untamed ~Glennon Doyle</p> <p>Greenlights, ~Matthew McConaughey</p>
Timing	April - June	July - September	October- December

2024 Membership Payment Structure:

All three pillars paid in full*, \$655

Two pillars paid in full*, \$440

Per pillar, \$225 each

*savings when you purchase multiple in advance

**open enrollment membership at the beginning of each pillar, all sales are final



Each pillar is valued at more than \$400! It's an incredible deal!



**Now that you have the specifics of
The Human Hub,
what's holding you back?**

**Come join a group of amazing
humans committed to
bettering themselves and others!**



Pillar One: Self-Acceptance

The Gifts of Imperfection, Brené Brown

In this groundbreaking New York Times best seller, Dr. Brené Brown, a research professor and thought leader on vulnerability, courage, worthiness, and shame, shares ten guideposts on the power of Wholehearted living—a way of engaging with the world from a place of worthiness.

The Way of Integrity, Martha Beck

In *The Way of Integrity*, Beck presents a four-stage process that anyone can use to find integrity, and with it, a sense of purpose, emotional healing, and a life free of mental suffering. Much of what plagues us—people pleasing, staying in stale relationships, negative habits—all point to what happens when we are out of touch with what truly makes us feel whole.

Big Magic, Elizabeth Gilbert

Gilbert offers insights into the mysterious nature of inspiration. She asks us to embrace our curiosity and let go of needless suffering. She shows us how to tackle what we most love, and how to face down what we most fear. She discusses the attitudes, approaches, and habits we need in order to live our most creative lives. Balancing between soulful spirituality and cheerful pragmatism, Gilbert encourages us to uncover the “strange jewels” that are hidden within each of us. Whether we are looking to write a book, make art, find new ways to address challenges in our work, embark on a dream long deferred, or simply infuse our everyday lives with more mindfulness and passion, *Big Magic* cracks open a world of wonder and joy.

Pillar Two: Human Leadership

Dare To Lead, Brené Brown

Leadership is not about titles, status and power over people. Leaders are people who hold themselves accountable for recognising the potential in people and ideas, and developing that potential. This is a book for everyone who is ready to choose courage over comfort, make a difference and lead.

When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it and work to align authority and accountability. We don't avoid difficult conversations and situations; we lean into the vulnerability that's necessary to do good work.

Leadership is Relationship. Michael Erwin & Willys DeVoll

The glut of information that floods our brains each day has quietly taken a very important victim: interpersonal relationships. Strong relationships are crucial for our health and flourishing, and leaders who proactively value relationships are building stronger, healthier, and more successful organizations. In this book, the authors document just how seriously the Information Age has compromised our connection to other people, and offer a compelling, story-based solution.

Be Human, Lead Human, Jennifer Nash

In *Be Human, Lead Human*, executive advisor Dr. Jennifer Nash shares more than fifty stories gathered from multi-year empirical research with over 400 leaders and executives. Discover an innovative, inclusive, and executable system to transform your leadership into an evidence-based, cross-disciplinary operating model. Learn the behaviors holding you back from realizing your leadership potential and acquire new methods to advance your leadership practice. This strategic resource will help you measure your current leadership skills, identify your goals, and expand your toolkit through a personalized, actionable roadmap.

Pillar Three: Meaningful Memoirs

Finding Me, Viola Davis

In my book, you will meet a little girl named Viola who ran from her past until she made a life-changing decision to stop running forever.

This is my story, from a crumbling apartment in Central Falls, Rhode Island, to the stage in New York City, and beyond. This is the path I took to finding my purpose but also my voice in a world that didn't always see me.

As I wrote *Finding Me*, my eyes were open to the truth of how our stories are often not given close examination. We are forced to reinvent them to fit into a crazy, competitive, judgmental world. So I wrote this for anyone running through life untethered, desperate and clawing their way through murky memories, trying to get to some form of self-love. For anyone who needs reminding that a life worth living can only be born from radical honesty and the courage to shed facades and be . . . you.

Untamed, Glennon Doyle

Soulful and uproarious, forceful and tender, *Untamed* is both an intimate memoir and a galvanizing wake-up call. It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is the story of navigating divorce, forming a new blended family, and discovering that the brokenness or wholeness of a family depends not on its structure but on each member's ability to bring her full self to the table. And it is the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our bodies, honor our anger and heartbreak, and unleash our truest, wildest instincts so that we become women who can finally look at ourselves and say: There She Is.

Greenlights, Matthew McConaughey

I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me.

Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges - how to get relative with the inevitable - you can enjoy a state of success I call "catching greenlights."